

# St Wilfrid's Catholic School

*'The best for all; the best from all'*

St Wilfrid's Way, Old Horsham Road, Crawley, West Sussex RH11 8PG  
Tel: 01293 421421 Fax: 01293 421429 Email: [office@stwilfrids.com](mailto:office@stwilfrids.com)  
[www.stwilfrids.com](http://www.stwilfrids.com)



Headteacher: Michael Ferry BEd (Hons) MA NPQH

Diocese of Arundel & Brighton and West Sussex County Council

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Dear Parent/Carer

More and more schools are embracing and embedding a new educational idea called "mindset theory". This is the work of Professor Carol Dweck of Stafford University.

The idea is as simple as it is profound. In essence, it reinforces the notion that our mindset (the way we see ourselves and the world around us) shapes our behaviour. When that mindset is about a core concept, such as intelligence, it can either close or open our minds to feedback, weaken or strengthen our resolve, lock or unlock our potential. In other words, get the mindset right and you get more progress, more success and greater fulfilment.

I am delighted to be able to invite you to a presentation for Parents/Carers entitled "Mindsets & Motivation – A Parents/Carers Guide" which will take place on Wednesday 1<sup>st</sup> February at 6.00pm. I would be grateful if you could confirm your attendance by emailing [s.gildea@stwilfrids.com](mailto:s.gildea@stwilfrids.com)

The presentation will be delivered by Robin Launder, an expert in this field. Robin has presented at schools, colleges and universities across the UK and abroad. His talk has been described as "an inspiration", "uplifting" and "a lightbulb moment". It is fast paced, entertaining and full of strategies to help you help your child to get the most out of their education whilst at the same time helping them prepare for life beyond St Wilfrid's.

I look forward to seeing you on this date.

Yours sincerely

Michael Ferry  
Headteacher

